


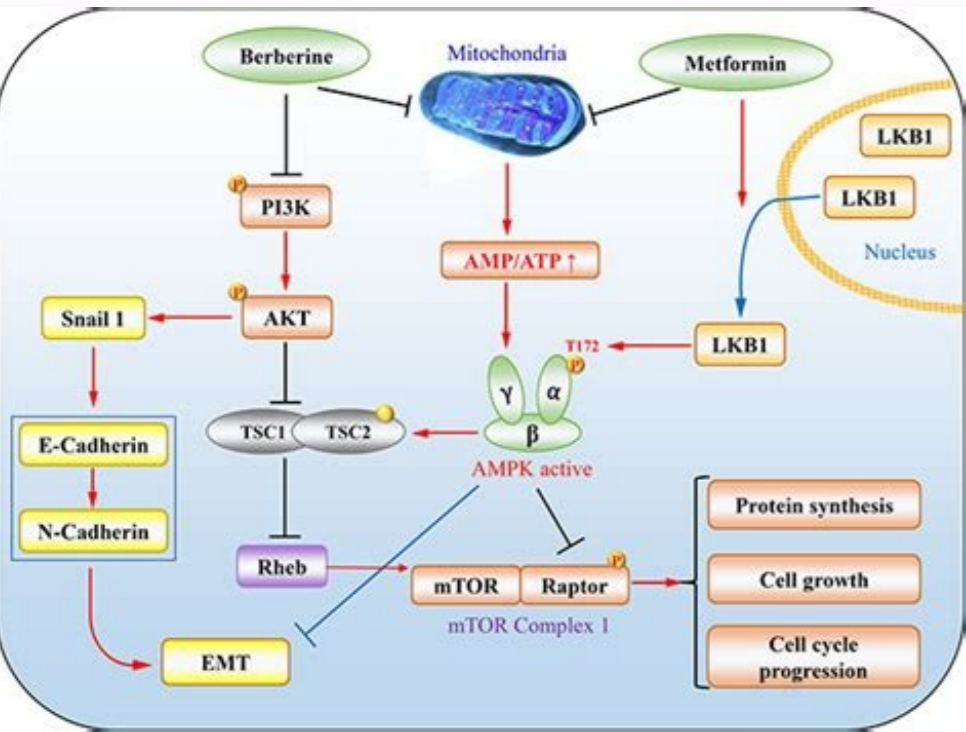
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# Berberine vs metformin for pcos

## Berberine: The Ultimate Guide To Biohacking Your Blood Sugar Levels

### Metformin



How long should i take berberine for pcos. Is berberine as effective as metformin. How to take berberine for pcos. Do i have to take metformin for pcos forever. Does metformin for pcos help you lose weight.

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